

ARLA FOOD FOR HEALTH

# Call for abstracts

Arla Food for Health Conference 2019, 2th of May. Bartholin Auditorium, Aarhus University.

Intake of milk and dairy foods are known to affect health of children, adults and elderly. Arla Food for Health promotes science-based research aiming for discovering health effects of dairy and dairy ingredients.

The Arla Food for Health conference will contain presentation of mechanisms behind the health effects of dairy products and ingredients in-vitro, in-vivo and in clinical trials. We invite researchers working within all aspects of ingredient development, food science, food technology and effect of diet on health aspects to submit an abstract for the conference. The submitted abstracts will be used to select the investigators who will be invited to bring a poster for the poster session. Accepted abstract will be published online after the conference. The session for poster presentations start 12:15 and will be divided in three research categories with chairmen to lead the discussion:

# 1. Metabolic Syndrome:

 Food/ingredient-related research aiming for mitigation of the Metabolic Syndrome. E.g. Research on diet composition, individual food groups, fermented foods, the nutritional value of carbohydrate-containing foods. Natural superfoods, combination of nutritionally dense and matrix effects.

#### 2. Malnutrition:

Food/ingredient-related research aiming for mitigation of malnutrition.
E.g. Essential micro- and macronutrients for children and elderly. The future food foundation for healthy and affordable food categories.
Maintaining nutrients and dietary value within food products. Adequate nutrition for sensitive groups as children and elderly.

### 3. Immunity:

 Food/ingredient-related research targeting enhancement of immune defense. E.g. Improvement of the immune response. Mitigation of allergy and inflammatory diseases.

The main goal for the poster session is to discuss food science and get researchers to interact and create future collaboration.

# **Abstract Submission Guidelines:**

All abstracts must be submitted to: kasper.faarkrog.hoeyer@arlafoods.com

Limitations: A maximum of 250 words (excluding title and keywords). Abstract should have background with aim, methods, results and conclusions.

It will not be possible to submit abstracts after the deadline: Friday, 1<sup>th</sup> of April, 2019. Authors will be contacted 12<sup>th</sup> of April, 2019, regarding selection for poster presentation.